

Rutland Office
143 Maple St
Rutland VT, 05701
(802) 786-5990



Bennington Office
160 Benmont Ave, Suite #90
Bennington VT, 05201
(802) 442-5436

November 15, 2023

Town of Sandgate
c/o Sandra Reidy
3266 Sandgate Rd.
Sandgate, VT 05250

Dear Town Officials,

This is a request from the Southwestern Vermont Council on Aging for \$600.00 in funding in your FY25 budget. This is the same level of funding we requested and received last year. If approved, this funding will be used to help support the work we do on behalf of Sandgate residents.

The enclosed document provides a brief description of the services the Council on Aging provided to older Vermonters in your community over the last year and is designed for use in your town report. Please contact me if you have any questions about any of this information.

We sincerely appreciate the past support that we have received from the town of Sandgate, and we hope that we can, once again, count on support from your community.

Thank you for your consideration of this request.

Sincerely,

A handwritten signature in blue ink that reads "Rosemary Greene". The signature is written in a cursive, flowing style.

Rosemary Greene, Executive Director
Southwestern Vermont Council on Aging

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Report to the Citizens of Sandgate

This report describes the services that the Southwestern Vermont Council on Aging (SVCOA) provided to older residents in Sandgate during SVCOA's most recent annual reporting period of 10/1/2022 through 9/30/2023.

Nutrition Support

The Council helped provide 396 meals that were delivered to the homes of 4 older Vermonters in your community. This service is often called "Meals on Wheels". In addition, 2 older Sandgate residents came together at a luncheon site in your area to enjoy a nutritious meal and the company of others; 90 meals were provided.

Additionally, SVCOA provided 7.75 hours of one-on-one nutrition support, including nutrition assessments and resource connections and referrals, to 5 residents of Sandgate.

Case Management Assistance:

SVCOA case management and outreach staff helped 3 older residents in your community for a total of 22 hours. Case managers meet with an older resident privately in their home or at another agreed upon location and assess their individual situation. They will work with the older resident to identify needs and talk about possible services available to address those needs. If the older resident desires, the case manager will link them to appropriate services, coordinate and monitor services as necessary, and provide information and assistance to caregivers. Case managers also help clients connect with in-home assistance programs, including a program called Choices for Care. This program is especially helpful to frail older Vermonters facing long term care placement who still wish to remain at home.

Other Services and Support:

- 1) "Senior Helpline" assistance at 1-800-642-5119. Our Senior Helpline staff provide telephone support to older Vermonters and others who need information on available programs and community resources.
- 2) Medicare and health benefit counseling information and assistance through our State Health Insurance Program.
- 3) Legal service assistance through the Vermont Senior Citizens Law Project.
- 4) Information about issues and opportunities that directly affect older Vermonters via various agency articles and publications.
- 5) Nutrition education and counseling services provided by SVCOA's Registered Dietician.
- 6) Senior Companion support for frail, homebound older Vermonters
- 7) Outreach services to older Vermonters dealing with mental health issues through our Elder Care Clinician. This service is provided in cooperation with Rutland Mental Health.
- 8) Transportation assistance.
- 9) Caregiver support, information and respite to family members and others who are providing much needed help to older Vermonters in need of assistance.
- 10) Money Management programs that offer either a volunteer bill payer or representative payee services to older Vermonters and younger disabled individuals.